



GLOBALLY INSPIRED.
 SEASONALLY DRIVEN.
 LOCALLY SOURCED.

COMPOSED SALADS

- BLACKENED CHICKEN** 13
 Avocado | Black Beans | Radishes
 | Tobacco Onions | Candied Walnuts
- MEDITERRANEAN SHRIMP SALAD** 14
 Artichoke Hearts | Chickpeas | Cucumber
 | Feta | Red Onion | Tomato | Citrus Vinaigrette
- PAN ASIAN RAW KALE SALAD [v]** 12
 Asian Vegetables | Red Onion | Red Pepper
 | Mushrooms | Crispy Noodles | Carrot-Ginger
- MAIN COURSE TRIO [v]** 12
 Three Salads from our Seasonal Selection
 [Curried Chicken Salad +1]
- GRILLED CHICKEN CAESAR** 13
 Grilled Chicken | Crisp Romaine | House Made
 Croutons | Parmesan Tuille
- CEDAR SMOKED SALMON** 16
 Crumbled Bleu Cheese | Candied Walnuts
 | Roasted Grape Vinaigrette
- MEZZE PLATE [v]** 15
 Falafel | Hummus | Feta | Tabbouleh | Eggplant Zaalouk
 | Black Olives | Chopped Romaine | Grilled Pita | Tzatziki
- MAIN COURSE COBB** 14
 Crumbled Bleu Cheese | Tomato | Avocado
 | Feather Ridge Farm Hard Boiled Egg |
 Grilled Chicken | Nitrate Free Bacon
- GARDEN PATCH [v]** 6/8
 Small | Large
- DRESSINGS** | Toasted Walnut | Caesar | Balsamic
 | Citrus | Roasted Grape | Carrot-Ginger
- [+4] additional protein: Chicken | Turkey | Tofu | Seitan
 [+5] add. Shrimp [+9] add. Salmon | Beef

CREATE-YOUR-OWN CHOPPED SALAD 13/15

Choose from our list of over 25 ingredients. Medium | Large
 (Pick up a Chopped Salad Order Form)

STREET FOOD

House-Made Ethnic Specialties. Add a side [+3]

- SPANISH BEEF EMPANADA** | Chimichurri 8
- MUSHROOM + GOAT CHEESE EMPANADA [v]** | Harissa 8
- MEDITERRANEAN FALAFEL [v]** 12
 Pita | Isreali Salad | Tabbouleh | Tzatziki

[v] Vegetarian (may contain egg or dairy). Many of our Vegetarian dishes can be made Vegan.

DON'T FORGET ABOUT OUR DAILY LUNCH + DINNER SPECIALS

PANINI SANDWICHES

Served with Mixed Greens, Tabbouleh or Potato Salad + House Made Pickles.
 Gluten Free Bread available [+2.50]

- SMOKED TURKEY** 13
 Avocado | Roasted Red Peppers
 | Cheddar | Chipotle Aioli
- GRILLED CHEESE [v]** 12
 Havarti | Cheddar | Truffled Ricotta
- GRILLED CHICKEN** 13
 Fresh Mozzarella | Roasted Red
 Peppers | Basil Aioli
- HOME STYLE MEATLOAF** 13
 Cheddar | Barbecue Sauce
 | Tobacco Onions
- M.C. VEGGIE BURGER [v]** 13
 Lentils | Oats | Black Beans
 | Avocado | Chipotle Aioli
- LOBSTER CLUB** 17
 Avocado | Smoked Salmon Bacon
 | Frisee | Citrus Vinaigrette
- CRISP EGGPLANT [v]** 13
 Portobello Mushroom | Fresh
 Mozzarella | Roasted Red Peppers
 | Oven Roasted Tomato Chutney
- BLACKENED CHICKEN** 13
 Avocado | Roasted Red Peppers
 | Tobacco Onions | Chipotle Aioli
- GRILLED HUDSON VALLEY CATTLE CO. HANGER STEAK** 16
 Melted Cheddar | Roasted Onions
 | Portobello Mushroom Hash
- MAIN COURSE COMBO**
 1/2 Sandwich | Cup of Soup | Salad
 Make any sandwich a combo

IN A HURRY? TRY OUR GRAB + GO SELECTIONS

House Made Heat & Serve Entrees, Soups, Salads, Sandwiches, Condiments + Desserts.

JUICE BAR Small | 6 Large | 8

VEGGIE BURST

Parsley | Tomatoes |
Cucumber | Spinach
| Celery | Carrot

GREEN MACHINE

Spinach | Cucumber
Celery | Apple | Lemon

ORANGE-CARROT GINGER

DEVIL BURST

Veggie Burst + a Shot
of Sriracha Chili Sauce

APPLE CARROT BEET

SMOOTHIE OF THE DAY

Check out our Daily
Specials

COLD BEVERAGES

New York Water | Vitamin Water | Saratoga Sparkling
Water | Coconut Water | Natural Sodas [Boylan |
Mash | Virgil's | Dry] Coke | Local Kombucha | Iced Tea
[Harney & Sons | Joe's | Honest]

WINE BY THE GLASS 8

ROSÉ | Notes of guava & peach blossom followed by
flavors of strawberry & watermelon.

CHARDONNAY | Light-medium bodied, un-oaked,
crisp & dry with lots of green apple & lemony aromas.

SAUVIGNON BLANC | Bright flavors of citrus and
grapefruit.

RED BLEND | Medium bodied dry red wine with lush
dark cherry cola, cedar & peppery spiciness.

WINE BY THE BOTTLE

See our seasonal selections

SIGNATURE COCKTAILS 11

Check out our cocktail menu for our seasonal signature
cocktails. Additional cocktails are available on our daily
specials menu.

CRAFT BEER 6.5 (12 oz) | 8 (16 oz)

Six Point | Gun Hill | Mill House | Mikkeller NYC | Paradox
| Newburgh | Singlecut | Kings County | Common Roots |
Bronx | Adirondack | Peekskill | Greenport Harbor | Doc's |
Graft Cider | Hudson Standard Cider

Seasonal & limited availability, stop by our case for
today's selections.

COFFEE + TEA

NOBLE COFFEE ROASTERS

Regular - Small Large	2.5/3
Decaffeinated - Small Large	2.5/3
Six Depot Cold Brew Iced Coffee	4
Iced Coffee	2.75
Espresso	3
Double Espresso	4
Cappuccino	4
Cafe Latte	4
Cafe Americano	4
Cafe au Lait	4
Macchiato	4
Iced Latte or Cappuccino	4
Double Hot Chocolate	4

HARNEY + SONS TEAS

Cup Pot	2.5/4.5
Iced Tea of the Day	3.5

INFUSED ICED TEAS + ORIGINAL SPRITZERS

Look for our daily creations!

HOUSE MADE DESSERTS

Cookies | Brownies | Pastries | Pies | Tarts
| Puddings | Breads | Cakes | Scones |
Specialty Desserts | Cupcakes

Our desserts are made fresh daily. Check out
today's selections at the counter. Additional
desserts are available in our our grab + go.

PREPARED SALADS BY THE POUND

Hummus | Curried Chicken Salad | Eggplant
Zaalouk | Mediterranean Kale Salad | Asian
Vegetables | Grilled Vegetables | Grilled
Potato Salad | Tabbouleh

Visit our showcase to see our freshly
prepared salads of the day.